

# 2019 Michigan HS Outdoor Track Elite Girls

Includes all meets, including out-of-state and summer competitions.

+ = converted time; # (after time = en route time recorded on way to longer distance); (!) = in a field event listing indicates an ancillary mark made in competition.

Relay names/splits: to give the athletes the credit they are due, we are trying to include relay names/splits whenever we can for top marks that might make the all-time lists—help us out there by letting us know.

To make corrections: send a note to [jeffhollobaugh@aol.com](mailto:jeffhollobaugh@aol.com)

**Updated 5/ 7/2020**

## 100 METERS

|       |  |  |           |
|-------|--|--|-----------|
| 11.64 | Kaila Jackson (Detroit Renaissance)9           | Detroit/AAU Region 12.....                   | 6/30/2019 |
| 11.70 | Jackson  | Greensboro/AAU Junior Olympics (0.5).....    | 8/ 3/2019 |
| 11.78 | Jackson  | Greensboro/New Balance Nationals (-0.8)..... | 6/13/2019 |
| 11.80 | BreeAna Bates (Dearborn Edsel Ford)10          | Greensboro/New Balance Nat. (h) (1.6).....   | 6/15/2019 |
| 11.82 | Bates  | Plymouth/D1 Regional .....                   | 5/17/2019 |
| 11.82 | Comari Hawkins (Grand Blanc)9                  | Detroit/AAU Region 12.....                   | 6/30/2019 |
| 11.83 | Hawkins  | Detroit/AAU Region 12 (h).....               | 6/29/2019 |
| 11.86 | Jackson  | Detroit/AAU Region 12 (h).....               | 6/29/2019 |
| 11.89 | Qe'Neisha Young (East Kentwood)11              | Kentwood/D1 State (-0.3).....                | 6/ 1/2019 |
| 11.93 | Jackson  | Detroit/PSL.....                             | 5/25/2019 |
| 11.93 | Jackson  | Kentwood/D1 State (-0.3).....                | 6/ 1/2019 |
| 11.93 | Jackson  | Greensboro/New Balance Nat. (h) (-1.1)....   | 6/13/2019 |
| 11.94 | Bates  | Kentwood/D1 State (-0.3).....                | 6/ 1/2019 |
| 11.95 | Jackson  | Greensboro/AAU Junior Olympics (h) (0.0)     | 7/30/2019 |
| 11.96 | Olivia Jenkins (Detroit Renaissance)9          | Detroit/AAU Region 12.....                   | 6/30/2019 |
| 11.96 | Jackson  | Greensboro/AAU Junior Olympics (s) (-2.2)    | 8/ 1/2019 |
| 11.98 | Jackson  | Farmington/D1 Regional (-0.7).....           | 5/18/2019 |
| 11.98 | Leeah Burr (Detroit Renaissance)9              | Detroit/PSL.....                             | 5/25/2019 |
| 11.98 | Burr   | Detroit/AAU Region 12 (h).....               | 6/29/2019 |
| 12.00 | Amani Nuels (Jackson)12                        | Kentwood/D1 State (-0.3).....                | 6/ 1/2019 |
| 12.03 | Aasia Laurencin (Oak Park)11                   | Dayton/Roosevelt Memorial (2.0).....         | 5/ 4/2019 |
| 12.12 | Grace Stark (White Lake Lakeland)12            | Clarkston/Oakland County (-1.4).....         | 5/24/2019 |
| 12.15 | Nysha' Jordan (Oak Park)10                     | Detroit/AAU Region 12.....                   | 6/30/2019 |
| 12.17 | Imani Jackson (Detroit Renaissance)11          | Kentwood/D1 State (-0.3).....                | 6/ 1/2019 |
| 12.18 | Chaniya Madison (Bridgeport)9                  | Clio/D2 Regional .....                       | 5/17/2019 |
| 12.21 | Reynei Wallace (Clinton Twp Chippewa Valley)12 | Farmington/NB Inv (0.2).....                 | 5/ 4/2019 |
| 12.21 | Kaitlynn Rush (West Bloomfield)11              | Oak Park/OAA Blue/Gold .....                 | 5/10/2019 |
| 12.27 | Reghan Draper (Plymouth)12                     | Canton/dual.....                             | 4/ 9/2019 |
| 12.34 | Mackenzie Robinson (Ann Arbor MS)8             | Detroit/AAU Region 12.....                   | 6/30/2019 |
| 12.36 | Kennedi Hewitt (Olivet)9                       | Williamston/quad.....                        | 4/10/2019 |

### Wind-aided:

|       |  |  |           |
|-------|--|--|-----------|
| 11.75 | Leeah Burr (Detroit Renaissance)9              | Detroit/PSL (h).....                     | 5/25/2019 |
| 12.12 | Comari Hawkins (Grand Blanc)9                  | Auburn/BCW Inv .....                     | 5/ 3/2019 |
| 12.14 | Kaitlynn Rush (West Bloomfield)11              | Farmington/NB Inv (h) (2.3).....         | 5/ 4/2019 |
| 12.20 | Kaila Jackson (Detroit Renaissance)9           | Dayton/Roosevelt Memorial (h) (2.7)..... | 5/ 4/2019 |
| 12.20 | Reynei Wallace (Clinton Twp Chippewa Valley)12 | Farmington/NB Inv (h) (2.3).....         | 5/ 4/2019 |
| 12.31 | Aasia Laurencin (Oak Park)11                   | Dayton/Roosevelt Memorial (h) (3.2)..... | 5/ 4/2019 |

### Hand-timed:

|      |                                   |                       |           |
|------|-----------------------------------|-----------------------|-----------|
| 11.9 | Qe'Neisha Young (East Kentwood)11 | Kentwood/OK Red ..... | 5/10/2019 |
|------|-----------------------------------|-----------------------|-----------|

## 200 METERS

|       |                                      |  |           |
|-------|--------------------------------------|--|-----------|
| 23.78 | Kaila Jackson (Detroit Renaissance)9 | Detroit/AAU Region 12.....                   | 6/30/2019 |
| 23.96 | Leeah Burr (Detroit Renaissance)9    | Greensboro/New Balance Nationals (-0.6)..... | 6/13/2019 |
| 24.03 | Jackson                              | Detroit/AAU Region 12 (h).....               | 6/29/2019 |
| 24.04 | Jackson                              | Kentwood/D1 State (-0.2).....                | 6/ 1/2019 |

|       |  |  |           |
|-------|--|--|-----------|
| 24.14 | Burr   | Detroit/AAU Region 12.....                 | 6/30/2019 |
| 24.15 | Comari Hawkins (Grand Blanc)9                  | Detroit/AAU Region 12.....                 | 6/30/2019 |
| 24.16 | Burr   | Greensboro/AAU Junior Olympics (s) (0.6)   | 7/31/2019 |
| 24.34 | Burr   | Detroit/PSL.....                           | 5/25/2019 |
| 24.37 | Jackson  | Farmington/D1 Regional (-2.0).....         | 5/18/2019 |
| 24.39 | Jackson  | Kentwood/D1 State (h) (-1.2).....          | 6/ 1/2019 |
| 24.40 | Burr   | Greensboro/New Balance Nat. (h) (-2.8).... | 6/13/2019 |
| 24.41 | Aasia Laurencin (Oak Park)11                   | Detroit/AAU Region 12.....                 | 6/30/2019 |
| 24.41 | Burr   | Greensboro/AAU Junior Olympics (0.6).....  | 8/ 2/2019 |
| 24.42 | Burr   | Detroit/AAU Region 12 (h).....             | 6/29/2019 |
| 24.45 | Hawkins  | Detroit/AAU Region 12 (h).....             | 6/29/2019 |
| 24.60 | BreeAna Bates (Dearborn Edsel Ford)10          | Kentwood/D1 State (h) (-2.3).....          | 6/ 1/2019 |
| 24.61 | Jackson  | Farmington/D1 Regional (h) (-1.0).....     | 5/18/2019 |
| 24.61 | Laurencin                                      | Detroit/AAU Region 12 (h).....             | 6/29/2019 |
| 24.63 | Taylor Korytkowski (Rockford)11                | Kentwood/D1 State (-0.2).....              | 6/ 1/2019 |
| 24.64 | Bates  | Plymouth/D1 Regional.....                  | 5/17/2019 |
| 24.81 | Chloe Vines (Oak Park)9                        | Farmington/D1 Regional (-2.0).....         | 5/18/2019 |
| 24.91 | Mackenzie Robinson (Ann Arbor MS)8             | Greensboro/AAU Junior Olympics (s) (-0.2)  | 7/31/2019 |
| 25.02 | Trinity Bracey (East Kentwood)11               | Grand Haven/D1 Regional.....               | 5/17/2019 |
| 25.09 | Amani Nuels (Jackson)12                        | Jackson/Selmon Inv.....                    | 5/28/2019 |
| 25.11 | Olivia Jenkins (Detroit Renaissance)9          | Detroit/AAU Region 12.....                 | 6/30/2019 |
| 25.26 | Chaniya Madison (Bridgeport)9                  | Chesaning/Inv.....                         | 4/26/2019 |
| 25.26 | Hannah Hollister (Corunna)11                   | Zeeland/D2 State (0.2).....                | 6/ 1/2019 |
| 25.27 | Donae' Adams (Detroit Renaissance)12           | Farmington/D1 Regional (h) (-1.0).....     | 5/18/2019 |
| 25.27 | Gabrielle Jeffries (Bloomfield Hills East MS)8 | Greensboro/AAU Junior Olympics (s) (-0.1)  | 7/31/2019 |
| 25.28 | Reynei Wallace (Clinton Twp Chippewa Valley)12 | Farmington/NB Inv (1.5).....               | 5/ 4/2019 |
| 25.33 | Jakarri Alven (GR Catholic Central)12          | Comstock Park/tri.....                     | 4/25/2019 |

**Wind-aided:**

|       |                                      |                                      |           |
|-------|--------------------------------------|--------------------------------------|-----------|
| 23.86 | Leeah Burr (Detroit Renaissance)9    | Detroit/PSL (h).....                 | 5/25/2019 |
| 24.35 | Kaila Jackson (Detroit Renaissance)9 | Dayton/Roosevelt Memorial (2.4)..... | 5/ 4/2019 |
| 24.61 | Comari Hawkins (Grand Blanc)9        | Auburn/BCW Inv.....                  | 5/ 3/2019 |
| 24.98 | Jackson                              | Dayton/Roosevelt Memorial (2.9)..... | 5/ 4/2019 |
| 25.08 | Chloe Vines (Oak Park)9              | Dayton/Roosevelt Memorial (3.1)..... | 5/ 4/2019 |
| 25.36 | Kourtney Kennard (Oak Park)11        | Dayton/Roosevelt Memorial (2.4)..... | 5/ 4/2019 |

**400 METERS**

|       |  |   |           |
|-------|--|---|-----------|
| 54.17 | Leeah Burr (Detroit Renaissance)9              | Kentwood/D1 State.....                  | 6/ 1/2019 |
| 54.22 | Choe Vines (Oak Park)9                         | Kentwood/D1 State.....                  | 6/ 1/2019 |
| 54.39 | Vines  | Farmington/D1 Regional.....             | 5/18/2019 |
| 54.44 | Burr   | Farmington/D1 Regional.....             | 5/18/2019 |
| 55.13 | Vines  | Greensboro/AAU Junior Olympics (h)..... | 8/ 2/2019 |
| 55.25 | Burr   | Dayton/Roosevelt Memorial.....          | 5/ 4/2019 |
| 55.26 | Vines  | Greensboro/AAU Junior Olympics.....     | 8/ 3/2019 |
| 55.46 | Burr   | Greensboro/New Balance Nationals.....   | 6/13/2019 |
| 55.55 | Imani Jackson (Detroit Renaissance)11          | Kentwood/D1 State.....                  | 6/ 1/2019 |
| 55.66 | Comari Hawkins (Grand Blanc)9                  | Detroit/AAU Region 12.....              | 6/29/2019 |
| 56.25 | Taylor Korotkowski (Rockford)11                | Kentwood/D1 State.....                  | 6/ 1/2019 |
| 56.29 | Mackenzie Sullivan (Farmington Hills Mercy)10  | Greensboro/AAU Junior Olympics.....     | 8/ 2/2019 |
| 56.80 | Jada Roundtree (Oak Park)10                    | Greensboro/AAU Junior Olympics.....     | 8/ 2/2019 |
| 57.00 | Mackenzie Robinson (Ann Arbor MS)8             | Greensboro/AAU Junior Olympics.....     | 8/ 2/2019 |
| 57.22 | Tamyra Todd (Oak Park)10                       | Farmington/D1 Regional.....             | 5/18/2019 |
| 57.29 | Gabrielle Jeffries (Bloomfield East Hills MS)8 | Detroit/AAU Region 12.....              | 6/29/2019 |
| 57.40 | Renaee Kutcha (Jackson Lumen Christi)10        | East Jackson/D3 Regional.....           | 5/18/2019 |
| 57.55 | Jakarri Alven (GR Catholic Central)12          | Zeeland/D2 State.....                   | 6/ 1/2019 |
| 57.72 | Lauryn Hunt (Saline)11                         | Kentwood/D1 State.....                  | 6/ 1/2019 |
| 57.74 | Allison Rand (Jackson Lumen Christi)12         | East Jackson/D3 Regional.....           | 5/18/2019 |
| 57.83 | Asia Smith (Flushing)12                        | Kentwood/D1 State.....                  | 6/ 1/2019 |
| 57.88 | Donae' Adams (Detroit Renaissance)12           | Farmington/D1 Regional.....             | 5/18/2019 |
| 58.02 | Alaina Diaz (Hudsonville)9                     | Kentwood/tri.....                       | 5/ 6/2019 |
| 58.03 | Gabby Hentemann (Grand Haven)12                | Muskegon/WM All-Star.....               | 5/22/2019 |
| 58.04 | Josee Behling (Boyne City)11                   | Jenison/D3 State.....                   | 6/ 1/2019 |
| 58.11 | Juliana Hanson (Brown City)10                  | Brown City/GTC East.....                | 5/14/2019 |

|       |  |                         |           |
|-------|--|-------------------------|-----------|
| 58.15 | Scout Nelson (Mt Pleasant Sacred Heart)12    | Mt Pleasant/MSAC .....  | 5/22/2019 |
| 58.18 | Reynei Wallace (Clinton T Chippewa Valley)12 | Farmington/NB Inv ..... | 5/ 4/2019 |
| 58.19 | Trinity Bracey (East Kentwood)11             | Kentwood/tri .....      | 5/ 6/2019 |

### 800 METERS

|         |   |  |           |
|---------|---|--|-----------|
| 2:08.70 | Gabby Hentemann (Grand Haven)12 (61.8/66.9)   | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:09.43 | Amber Gall (Shepherd)12 (65.5/63.9)           | East Lansing/Midwest Meet .....        | 6/ 8/2019 |
| 2:10.12 | Hentemann                                     | Grand Haven/D1 Regional .....          | 5/17/2019 |
| 2:10.80 | Zofia Dudek (Ann Arbor Pioneer)11             | Dexter/Larry Steeb .....               | 5/28/2019 |
| 2:11.32 | Erica VanderLende (Rockford)12                | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:11.35 | Taryn Chapko (St Johns)11                     | Greensboro/New Balance Nationals ..... | 6/16/2019 |
| 2:11.89 | Hentemann                                     | Kentwood/OK Red .....                  | 5/10/2019 |
| 2:12.36 | Chapko  | East Lansing/Honor Roll .....          | 5/28/2019 |
| 2:12.42 | Hentemann                                     | Rockford/dual .....                    | 4/22/2019 |
| 2:12.47 | Gall  | Clare/MITCA D3 .....                   | 5/25/2019 |
| 2:12.50 | Gall  | Chesaning (D3 Regional) .....          | 5/17/2019 |
| 2:12.72 | Gall  | Jenison/D3 State .....                 | 6/ 1/2019 |
| 2:12.76 | Sophie Novak (Lake Orion)10                   | Clarkston/Oakland County .....         | 5/24/2019 |
| 2:12.77 | Jayla Jones (Oak Park)11                      | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:13.08 | VanderLende                                   | Grand Haven/D1 Regional .....          | 5/17/2019 |
| 2:13.28 | Victoria Heiligenthal (Milford)12             | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:13.35 | Novak   | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:13.36 | Caitlin Rose (Grand Blanc)12                  | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:13.69 | VanderLende                                   | Rockford/dual .....                    | 4/22/2019 |
| 2:13.73 | Judy Rector (Hanover-Horton)12                | East Jackson/D3 Regional .....         | 5/18/2019 |
| 2:13.78 | Madi Wood (Saline)9                           | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:13.95 | Michelle Kuipers (Holland Christian)11        | Comstock Park/Metro Health .....       | 5/22/2019 |
| 2:13.97 | Lauren Freeland (Kent City)12                 | Jenison/D3 State .....                 | 6/ 1/2019 |
| 2:14.07 | Elizabeth Dalrymple (Clarkston)12             | Clarkston/Oakland County .....         | 5/24/2019 |
| 2:14.55 | Lucy Petee (Mason)11                          | East Lansing/Honor Roll .....          | 5/28/2019 |
| 2:14.56 | Gillian Fiene (Holland Christian)11           | Comstock Park/Metro Health .....       | 5/22/2019 |
| 2:14.59 | Maddie Brown (Brighton)12                     | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:14.76 | Ashlyn Tait (Howell)12                        | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:14.92 | Abbey Carvey (Farmington)10                   | Clarkston/Oakland County .....         | 5/24/2019 |
| 2:15.35 | Hannah Bodine (East Grand Rapids)10           | Ada/D2 Regional .....                  | 5/17/2019 |
| 2:15.91 | Adit Dau (GR Ottawa Hills)9                   | Comstock Park/Metro Health .....       | 5/22/2019 |
| 2:16.00 | Audrey DaDamio (Birmingham Seaholm)10         | Farmington/NB Inv .....                | 5/ 4/2019 |
| 2:16.32 | Jami Reed (Forest Hills Eastern)12            | Ada/D2 Regional .....                  | 5/17/2019 |
| 2:16.70 | Margaret Coney (East Grand Rapids)11          | Ada/D2 Regional .....                  | 5/17/2019 |
| 2:17.27 | Kendra Fowler (Fremont)12                     | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 2:17.35 | Mady VanWieren (Holland West Ottawa)12        | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:17.38 | Emily Esker (Livonia Franklin)11              | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:17.41 | Ashley Quinn (Romeo)12                        | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:17.42 | Avery McLean (Traverse City Central)10        | Traverse City/Record-Eagle .....       | 5/28/2019 |
| 2:17.50 | Sarah Forsyth (Ann Arbor Pioneer)9            | Dexter/Larry Steeb .....               | 5/28/2019 |
| 2:17.76 | Alyna Lewis (Parma Western)9                  | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 2:17.79 | Alison Ziehl (Rochester Hills Stoney Creek)12 | Kentwood/D1 State .....                | 6/ 1/2019 |
| 2:17.96 | Erika Rapp (Pinckney)12                       | Milford/D1 Regional .....              | 5/17/2019 |
| 2:17.96 | Lily Connelly (Croswell-Lexington)11          | Zeeland/D2 State .....                 | 6/ 1/2019 |

### 1500 METERS

|          |                                   |  |           |
|----------|-----------------------------------|--|-----------|
| 4:24.23# | Zofia Dudek (Ann Arbor Pioneer)11 | Shoreham/Brooks PR (1M) .....            | 6/15/2019 |
| 4:24.6#  | Erica VanderLende (Rockford)12    | Kentwood/D1 State (1600) .....           | 6/ 1/2019 |
| 4:24.83  | Dudek                             | Hillsdale/Gina Relays .....              | 4/27/2019 |
| 4:27.11  | Dudek                             | Raciborz/Polish U20 Champs .....         | 7/ 5/2019 |
| 4:27.3#  | Dudek                             | Kentwood/D1 State (1600) .....           | 6/ 1/2019 |
| 4:31.5#  | Sophie Novak (Lake Orion)10       | Kentwood/D1 State (1600) .....           | 6/ 1/2019 |
| 4:33.5#  | Adelyn Ackley (Hart)12            | Jenison/D3 State (1600) .....            | 6/ 1/2019 |
| 4:33.8#  | Lauren Freeland (Kent City)12     | Jenison/D3 State (1600) .....            | 6/ 1/2019 |
| 4:34.0#  | Amber Gall (Shepherd)12           | Jenison/D3 State (1600) .....            | 6/ 1/2019 |
| 4:35.3#  | Allison Chmielewski (Roscommon)9  | Jenison/D3 State (1600) .....            | 6/ 1/2019 |
| 4:35.56# | Novak                             | Greensboro/New Balance Nationals (1M) .. | 6/16/2019 |

|          |  |   |           |
|----------|--|---|-----------|
| 4:38.5#  | Audrey DaDamio (Birmingham Seaholm)10  | Farmington/D1 Regional (1600).....      | 5/18/2019 |
| 4:40.4#  | Gillian Fiene (Holland Christian)11    | Zeeland/D2 State (1600).....            | 6/ 1/2019 |
| 4:40.81# | Victoria Heiligenthal (Milford)12      | Greensboro/New Balance Nationals (1M).. | 6/14/2019 |
| 4:41.1#  | Noelle Adriaens (Pinckney)12           | East Lansing/Midwest Meet (1600).....   | 6/ 8/2019 |
| 4:42.5#  | Jami Reed (Forest Hills Eastern)12     | Zeeland/D2 State (1600).....            | 6/ 1/2019 |
| 4:43.2#  | Michelle Kuipers (Holland Christian)11 | Zeeland/D2 State (1600).....            | 6/ 1/2019 |
| 4:43.2#  | Anna Petr (East Grand Rapids)11        | Zeeland/D2 State (1600).....            | 6/ 1/2019 |
| 4:43.2#  | Ainsley Workman (East Grand Rapids)9   | Zeeland/D2 State (1600).....            | 6/ 1/2019 |

### 1600 METERS

|          |   |   |           |
|----------|---|---|-----------|
| 4:39.9#  | Zofia Dudek (Ann Arbor Pioneer)11<br>(440y: 71.8, 73.8, 70.4, 65.3) | Shoreline/Brooks PR (1M).....             | 6/15/2019 |
| 4:41.00  | Erica VanderLende (Rockford)12<br>(68.1, 72.5, 71.9, 68.5)          | Kentwood/D1 State .....                   | 6/ 1/2019 |
| 4:42.75  | VanderLende   | Grand Haven/D1 Regional .....             | 5/17/2019 |
| 4:44.01  | VanderLende (70.0, 71.4, 72.2, 70.4)                                | Rockford/dual .....                       | 4/22/2019 |
| 4:45.06  | Dudek   | Kentwood/D1 State .....                   | 6/ 1/2019 |
| 4:49.17  | Sophie Novak (Lake Orion)10   | Lake Orion/D1 Regional.....               | 5/17/2019 |
| 4:49.40  | Amber Gall (Shepherd)12   | Jenison/D3 State.....                     | 6/ 1/2019 |
| 4:49.42  | Adelyn Ackley (Hart)12  | Jenison/D3 State.....                     | 6/ 1/2019 |
| 4:50.56  | Novak   | Kentwood/D1 State .....                   | 6/ 1/2019 |
| 4:51.10  | Caitlin Rose (Grand Blanc)12  | Lake Orion/D1 Regional.....               | 5/17/2019 |
| 4:51.35# | Judy Rector (Hanover-Horton)12                                      | Saline/Golden Triangle (mile).....        | 5/ 3/2019 |
| 4:51.43  | Novak   | Clarkston/Oakland County .....            | 5/24/2019 |
| 4:51.75  | Lauren Freeland (Kent City)12                                       | Jenison/D3 State.....                     | 6/ 1/2019 |
| 4:53.48  | Gabby Hentemann (Grand Haven)12                                     | Grand Haven/D1 Regional .....             | 5/17/2019 |
| 4:53.77  | Samantha Tran (Forest Hills Northern)12                             | Kentwood/D1 State .....                   | 6/ 1/2019 |
| 4:54.61  | Yasmine Mansi (Northville)10  | Kentwood/D1 State .....                   | 6/ 1/2019 |
| 4:55.03  | Allison Chmielewski (Roscommon)9                                    | Jenison/D3 State.....                     | 6/ 1/2019 |
| 4:55.30  | Audrey DaDamio (Birmingham Seaholm)10                               | Farmington/D1 Regional .....              | 5/18/2019 |
| 4:56.79  | Anna Petr (East Grand Rapids)11                                     | Ada/OK Gold.....                          | 5/10/2019 |
| 4:56.86  | Julia Flynn (Traverse City Central)9                                | Traverse City/Record-Eagle .....          | 5/28/2019 |
| 4:57.05  | Gillian Fiene (Holland Christian)11                                 | Zeeland/D2 State .....                    | 6/ 1/2019 |
| 4:57.51  | Elizabeth Dalrymple (Clarkston)12                                   | Lake Orion/D1 Regional.....               | 5/17/2019 |
| 4:57.52  | Madelyn Frens (Grand Rapids Christian)9                             | Cedar Springs/Red Hawk Inv .....          | 5/ 4/2019 |
| 4:58.49+ | Victoria Heiligenthal (Milford)12                                   | Greensboro/New Balance Nat. (5:00.23) ... | 6/14/2019 |
| 4:58.66  | Jami Reed (Forest Hills Eastern)12                                  | Ada/OK Gold.....                          | 5/10/2019 |
| 4:59.04  | Noelle Adriaens (Pinckney)12  | East Lansing/Midwest Meet .....           | 6/ 8/2019 |
| 4:59.22  | Abby VanderKooi (Muskegon WM Christian)9                            | Muskegon/WM All-Star.....                 | 5/22/2019 |
| 4:59.91  | Michelle Kuipers (Holland Christian)11                              | Zeeland/D2 State .....                    | 6/ 1/2019 |

### Mile (no conversions):

|         |   |  |           |
|---------|---|--|-----------|
| 4:41.34 | Zofia Dudek (Ann Arbor Pioneer)11       | Shoreham/Brooks PR .....               | 6/15/2019 |
| 4:53.17 | Judy Rector (Hanover-Horton)12          | Saline/Golden Triangle.....            | 5/ 3/2019 |
| 4:59.97 | Samantha Tran (Forest Hills Northern)12 | Saline/Golden Triangle.....            | 5/ 3/2019 |
| 5:00.23 | Victoria Heiligenthal (Milford)12       | Greensboro/New Balance Nationals ..... | 6/14/2019 |

### 2000 STEEPLE

|         |   |                                      |           |
|---------|---|--------------------------------------|-----------|
| 7:18.09 | Jennifer Ohlsson (Pontiac Notre Dame)11 | Greensboro/AAU Junior Olympics ..... | 7/31/2019 |
| 7:27.54 | Ohlsson                                 | Detroit/AAU Region 12.....           | 6/28/2019 |
| 7:56.22 | Kiera Hansen (Freeland)9                | Detroit/AAU Region 12.....           | 6/28/2019 |
| 8:03.48 | Peyton Hansen (Freeland)11              | Detroit/AAU Region 12.....           | 6/28/2019 |
| 8:05.25 | Jenna Locicchio (Ann Arbor Richard)11   | Detroit/AAU Region 12.....           | 6/28/2019 |
| 8:05.47 | Mallory Emeigh (Allen Park)10           | Detroit/AAU Region 12.....           | 6/28/2019 |
| 9:06.53 | Anya Coates (Detroit Renaissance)9      | Dayton/Roosevelt Memorial .....      | 5/ 3/2019 |

### 3000 METERS

|         |                                   |                                    |           |
|---------|-----------------------------------|------------------------------------|-----------|
| 9:16.3# | Erica VanderLende (Rockford)12    | Shoreline/Brooks PR (2M).....      | 6/15/2019 |
| 9:21.9# | VanderLende                       | Shepherd/Bluejay Inv (3200).....   | 5/ 3/2019 |
| 9:29.82 | Zofia Dudek (Ann Arbor Pioneer)11 | Boras/European U20 Champs (h)..... | 7/19/2019 |
| 9:30.06 | Dudek                             | Boras/European U20 Champs .....    | 7/21/2019 |
| 9:32.15 | Dudek                             | Raciborz/Polish U20 Champs .....   | 7/ 3/2019 |
| 9:39.8# | Noelle Adriaens (Pinckney)12      | Saline/Golden Triangle (3200)..... | 5/ 3/2019 |

|           |  |  |
|-----------|--|--|
| 9:46.80#  | Adriaens                                     | Greensboro/New Balance Nationals (2M) .. 6/15/2019 |
| 9:46.89#  | Abby VanderKooi (Muskegon W Mich Christian)9 | Greensboro/New Balance Nationals (2M) .. 6/15/2019 |
| 9:47.54#  | Adelyn Ackley (Hart)12                       | Greensboro/New Balance Nationals (2M) .. 6/15/2019 |
| 9:47.5#   | Dudek  | Saline/Golden Triangle (3200)..... 5/ 3/2019       |
| 9:49.4#   | VanderLende                                  | Kentwood/D1 State (3200)..... 6/ 1/2019            |
| 9:50.3#   | Jaden Theis (Lansing Catholic)11             | Shepherd/Bluejay Inv (3200)..... 5/ 3/2019         |
| 9:51.88#  | Adriaens                                     | Greensboro/New Balance Nationals (5K) .. 6/14/2019 |
| 9:51.8#   | Dudek  | Kentwood/D1 State (3200)..... 6/ 1/2019            |
| 9:53.6#   | Amber Gall (Shepherd)12                      | Shepherd/Bluejay Inv (3200)..... 5/ 3/2019         |
| 9:53.7#   | Adriaens                                     | Kentwood/D1 State (3200)..... 6/ 1/2019            |
| 9:55.1#   | VanderKooi                                   | Jenison/D3 State (3200) ..... 6/ 1/2019            |
| 9:55.4#   | Audrey DaDamio (Birmingham Seaholm)10        | Saline/Golden Triangle (3200)..... 5/ 3/2019       |
| 9:59.5#   | Adriaens                                     | Milford/D1 Regional (3200) ..... 5/17/2019         |
| 10:05.5#  | Samantha Tran (Forest Hills Northern)12      | Saline/Golden Triangle (3200)..... 5/ 3/2019       |
| 10:10.4#  | Madeline Rehm (White Lake Lakeland)12        | Milford/D1 Regional (3200) ..... 5/17/2019         |
| 10:15.3#  | Maryam Sheena (Walled Lake Western)11        | Milford/D1 Regional (3200) ..... 5/17/2019         |
| 10:16.97# | Alexa Keiser (Fenton)11                      | Greensboro/New Balance Nationals (2M) .. 6/15/2019 |
| 10:17.39  | Kylee Turner (Harper Woods Chandler Park)8   | Greensboro/AAU Junior Olympics ..... 8/ 3/2019     |

### 3200 METERS

|           |  |  |
|-----------|--|--|
| 9:49.9#   | Erica VanderLende (Rockford)12 (4:52.7/5:00.3) | Shoreline/Brooks PR (2M)..... 6/15/2019            |
| 9:57.01   | VanderLende (4:59.8/4:57.2)                    | Shepherd/Bluejay Inv ..... 5/ 3/2019               |
| 10:10.99  | VanderLende                                    | East Lansing/Spartan Classic ..... 4/26/2019       |
| 10:14.41  | Zofia Dudek (Ann Arbor Pioneer)11              | Ann Arbor/dual ..... 4/16/2019                     |
| 10:16.11  | Noelle Adriaens (Pinckney)12 (5:08.9/5:07.2)   | Saline/Golden Triangle ..... 5/ 3/2019             |
| 10:19.49+ | Adelyn Ackley (Hart)12                         | Greensboro/New Balance Nat. (10:23.10) 6/15/2019   |
| 10:23.90+ | Adriaens                                       | Greensboro/New Balance Nat. (10:27.53) 6/15/2019   |
| 10:24.57  | VanderLende                                    | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:25.39+ | Abby VanderKooi (Muskegon W Mich Christian)9   | Greensboro/New Balance Nat. (10:29.03) 6/15/2019   |
| 10:26.60  | Dudek  | Saline/Golden Triangle ..... 5/ 3/2019             |
| 10:29.71  | Dudek  | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:30.08  | Jaden Theis (Lansing Catholic)11               | Lansing/dual..... 4/22/2019                        |
| 10:31.4#  | Adriaens                                       | Greensboro/New Balance Nationals (5K) .. 6/14/2019 |
| 10:31.61  | Theis  | Shepherd/Bluejay Inv ..... 5/ 3/2019               |
| 10:31.64  | Adriaens (5:26.1/5:05.5)                       | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:31.90  | Amber Gall (Shepherd)12                        | Shepherd/Bluejay Inv ..... 5/ 3/2019               |
| 10:33.32  | VanderLende                                    | Grand Haven/D1 Regional ..... 5/17/2019            |
| 10:33.39  | VanderKooi                                     | Jenison/D3 State ..... 6/ 1/2019                   |
| 10:33.96  | Audrey DaDamio (Birmingham Seaholm)10          | Beverly Hills/dual..... 4/10/2019                  |
| 10:34.50  | DaDamio  | Saline/Golden Triangle ..... 5/ 3/2019             |
| 10:34.56  | Judy Rector (Hanover Horton)12                 | East Jackson/tri ..... 5/ 7/2019                   |
| 10:38.35  | Makenna Veen (Plainwell)11                     | Zeeland/D2 State ..... 6/ 1/2019                   |
| 10:39.95  | Madelyn Frens (GR Christian)9                  | Grand Rapids/tri ..... 5/ 7/2019                   |
| 10:41.53  | Samantha Tran (Forest Hills Northern)12        | Saline/Golden Triangle ..... 5/ 3/2019             |
| 10:42.67  | Anastasia Tucker (Midland Dow)12               | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:43.53  | Lauren Cleary (Lansing Catholic)12             | Zeeland/D2 State ..... 6/ 1/2019                   |
| 10:45.01  | Madeline Rehm (White Lake Lakeland)12          | Saline/Golden Triangle ..... 5/ 3/2019             |
| 10:45.26  | Jillian Lange (Goodrich)12                     | Zeeland/D2 State ..... 6/ 1/2019                   |
| 10:45.84  | Alexa Keiser (Fenton)11                        | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:46.29  | Ashlyn Nagel (Bay City Western)11              | Auburn/D1 Regional ..... 5/17/2019                 |
| 10:46.40  | Anna Petr (East Grand Rapids)11                | Saline/Golden Triangle ..... 5/ 3/2019             |
| 10:47.94  | Grace Nolan (Clarkston)12                      | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:48.33  | Rylee Tolson (Stockbridge)9                    | Jenison/D3 State ..... 6/ 1/2019                   |
| 10:50.79  | Maddy Boyd (Alpena)12                          | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:52.92  | Maryam Sheena (Walled Lake Western)11          | Milford/D1 Regional ..... 5/17/2019                |
| 10:54.28  | Allison Chmielewski (Roscommon)9               | Charlevoix/D3 Regional ..... 5/17/2019             |
| 10:56.13  | Madelyn Malczewski (Romeo)11                   | Lake Orion/D1 Regional ..... 5/17/2019             |
| 10:57.20  | Adit Dau (GR Ottawa Hills)9                    | Grand Haven/D1 Regional ..... 5/17/2019            |
| 10:57.80  | Yasmine Mansi (Northville)10                   | Kentwood/D1 State ..... 6/ 1/2019                  |
| 10:59.77  | Madelyn Frens (GR Christian)9                  | Ada/OK Gold ..... 5/10/2019                        |

### 2 Mile (no conversions):

|         |  |  |
|---------|--|--|
| 9:53.00 | Erica VanderLende (Rockford)12 (4:52.7/5:00.3) | Shoreline/Brooks PR (9:53.00)..... 6/15/2019 |
|---------|--|--|

|          |  |  |           |
|----------|--|--|-----------|
| 10:23.10 | Adelyn Ackley (Hart)12                   | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 10:27.53 | Noelle Adriaens (Pinckney)12             | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 10:29.03 | Abby VanderKooi (Muskegon WM Christian)9 | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 10:49.63 | Audrey DaDamio (Birmingham Seaholm)10    | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 10:52.89 | Alexa Keiser (Fenton)11                  | Greensboro/New Balance Nationals ..... | 6/15/2019 |

### 5000 METERS

|          |                                       |  |           |
|----------|---------------------------------------|--|-----------|
| 16:35.29 | Noelle Adriaens (Pinckney)12          | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 17:19.91 | Anna Petr (East Grand Rapids)11       | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 17:24.43 | Madeline Rehm (White Lake Lakeland)12 | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 17:29.0# | Adriaens                              | Quebec City/Rouge et Or (10,000).....  | 7/12/2019 |
| 17:48.86 | Peyton Witt (Portage Northern)12      | Hillsdale/Gina Relays .....            | 4/26/2019 |

### 10,000 METERS

|          |   |                               |           |
|----------|---|-------------------------------|-----------|
| 35:44.75 | Noelle Adriaens (Pinckney)12<br>(17:29.0/18:15.8) | Quebec City/Rouge et Or ..... | 7/12/2019 |
|----------|---|-------------------------------|-----------|

### 100 HURDLES

|       |  |  |           |
|-------|--|--|-----------|
| 13.43 | Grace Stark (White Lake Lakeland)12      | Kentwood/D1 State (0.6).....                       | 6/ 1/2019 |
| 13.43 | Aasia Laurencin (Oak Park)11             | Detroit/AAU Region 12 .....                        | 6/30/2019 |
| 13.52 | Laurencin                                | Havana/Barrientos Memorial (h) (0.0).....          | 6/ 7/2019 |
| 13.53 | Laurencin                                | Greensboro/New Balance Nationals (1.3) ..          | 6/15/2019 |
| 13.57 | Laurencin                                | Kentwood/D1 State (0.6).....                       | 6/ 1/2019 |
| 13.57 | Laurencin                                | Greensboro/AAU Junior Olympics (-0.9).....         | 8/ 1/2019 |
| 13.65 | Laurencin                                | Detroit/AAU Region 12 (h).....                     | 6/29/2019 |
| 13.67 | Stark                                    | East Lansing/Midwest Meet (0.3).....               | 6/ 8/2019 |
| 13.68 | Laurencin                                | Greensboro/AAU Junior Olympics (h) (-0.2)7/31/2019 |           |
| 13.72 | Laurencin                                | Greensboro/New Balance Nat. (h) (0.3).....         | 6/15/2019 |
| 13.79 | Laurencin                                | Havana/Barrientos Memorial (1.8) .....             | 6/ 7/2019 |
| 13.84 | Stark                                    | Milford/D1 Regional (1.0) .....                    | 5/17/2019 |
| 13.91 | Laurencin                                | Oak Park/OAA Blue/Gold .....                       | 5/10/2019 |
| 14.04 | Laurencin                                | Oak Park/Knight Inv (h).....                       | 4/26/2019 |
| 14.04 | Laurencin                                | Oak Park/Knight Inv .....                          | 4/26/2019 |
| 14.08 | Stark                                    | Milford/D1 Regional (h) .....                      | 5/17/2019 |
| 14.11 | Stark                                    | Kentwood/D1 State (h) (-0.3) .....                 | 6/ 1/2019 |
| 14.12 | Laurencin                                | Kentwood/D1 State (h) (-0.2) .....                 | 6/ 1/2019 |
| 14.13 | Madison Eaton (Lake Orion)12             | Detroit/AAU Region 12 .....                        | 6/30/2019 |
| 14.15 | Laurencin                                | Clarkston/Oakland County (-1.8).....               | 5/24/2019 |
| 14.16 | Laurencin                                | Oak Park/OAA Blue/Gold (h).....                    | 5/10/2019 |
| 14.22 | Laurencin                                | Farmington/D1 Regional (-2.9).....                 | 5/18/2019 |
| 14.26 | Laurencin                                | Oak Park/dual .....                                | 4/24/2019 |
| 14.26 | Melissa Symons (Lake Orion)12            | Lake Orion/D1 Regional.....                        | 5/17/2019 |
| 14.29 | Kennedy Jackson (Walled Lake Western)11  | Detroit/AAU Region 12 (h).....                     | 6/29/2019 |
| 14.34 | Grace Johnson (Troy)11                   | Kentwood/D1 State (0.6).....                       | 6/ 1/2019 |
| 14.36 | Kaia Scheffler (Marysville)11            | Zeeland/D2 State (0.3).....                        | 6/ 1/2019 |
| 14.37 | Nonah Waldron (Farmington Hills Warner)8 | Greensboro/AAU Junior Olympics (0.9).....          | 8/ 1/2019 |
| 14.40 | Ahvon Mitchell (Detroit Country Day)11   | Zeeland/D2 State (0.3).....                        | 6/ 1/2019 |
| 14.56 | Jaylah Walton (Detroit Renaissance)11    | Detroit/AAU Region 12 .....                        | 6/30/2019 |
| 14.63 | Lyric Spears (Allen Park)12              | Kentwood/D1 State (h) (-0.3) .....                 | 6/ 1/2019 |
| 14.64 | Sarinity Bracey (East Kentwood)11        | East Kentwood/dual .....                           | 5/ 1/2019 |
| 14.64 | Paige Chapman (Detroit Renaissance)12    | Kentwood/D1 State (0.6).....                       | 6/ 1/2019 |
| 14.67 | Lauren Fulcher (Troy)12                  | Kentwood/D1 State (0.6).....                       | 6/ 1/2019 |
| 14.68 | Hannah Hollister (Corunna)11             | Zeeland/D2 State (h) (-2.2) .....                  | 6/ 1/2019 |
| 14.77 | Peyton Korytkowski (Rockford)11          | Grand Haven/D1 Regional .....                      | 5/17/2019 |
| 14.78 | Cassandra Campbell (Fenton)12            | Milford/D1 Regional.....                           | 5/17/2019 |

### Wind-aided:

|       |                              |                                      |           |
|-------|------------------------------|--------------------------------------|-----------|
| 14.08 | Aasia Laurencin (Oak Park)11 | Dayton/Roosevelt Memorial (2.5)..... | 5/ 3/2019 |
|-------|------------------------------|--------------------------------------|-----------|

### 200 HURDLES

|       |  |   |           |
|-------|--|---|-----------|
| 27.35 | Nonah Waldron (Farmington Hills Warner)8 | Greensboro/AAU Junior Olympics .....    | 7/30/2019 |
| 27.71 | Morgan Roundtree (Detroit MS)7           | Greensboro/AAU Junior Olympics (h)..... | 7/29/2019 |
| 27.89 | Roundtree                                | Greensboro/AAU Junior Olympics .....    | 7/30/2019 |

28.01 Waldron  
 28.16 Waldron  
 29.37 Lindsay Johnson ()  
 29.38 Harmonie Carroll (Farmington Hills Power)7  
 29.73 Brooklyn Vaughn ()

Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Detroit/AAU Region 12 ..... 6/29/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019

**300 HURDLES**

42.75 Lauren Fulcher (Troy)12  
 42.98 Jillian Roney (Rockford)12  
 43.31 Grace Johnson (Troy)11  
 43.35 N'Stajah Banks (Oak Park)11  
 43.41 Fulcher  
 43.53 Banks  
 43.68 Johnson  
 43.72 Melissa Symons (Lake Orion)12  
 43.81 Fulcher  
 43.82 Fulcher  
 43.88 Symons  
 43.94 Morgan Atlas (Oak Park)9  
 44.12 Hannah Hollister (Corunna)11  
 44.24 Madison Eaton (Lake Orion)12  
 44.43 Cassandra Campbell (Fenton)12  
 44.44 Peyton Korytkowski (Rockford)11  
 44.81 Hannah Antkoviak (Allegan)10  
 44.94 Ally McLouth (Addison)11  
 44.99 Kaia Scheffler (Marysville)11  
 45.11 Abby Dunn (Northville)11  
 45.27 Makenzee Powell (GR Ottawa Hills)10  
 45.51 Cam Constant (Grand Haven)11  
 45.52 Annie Laurenz (Breckenridge)11

Kentwood/D1 State ..... 6/ 1/2019  
 Kentwood/D1 State ..... 6/ 1/2019  
 Kentwood/D1 State ..... 6/ 1/2019  
 Kentwood/D1 State ..... 6/ 1/2019  
 East Lansing/Midwest Meet ..... 6/ 8/2019  
 Farmington/D1 Regional ..... 5/18/2019  
 Clarkston/Oakland County ..... 5/24/2019  
 Lake Orion/D1 Regional ..... 5/17/2019  
 Oxford/OAA Red White ..... 5/ 9/2019  
 Warren/D1 Regional ..... 5/17/2019  
 Oxford/OAA Red White ..... 5/ 9/2019  
 Kentwood/D1 State ..... 6/ 1/2019  
 Zeeland/D2 State ..... 6/ 1/2019  
 Farmington/NB Inv ..... 5/ 4/2019  
 Milford/D1 Regional ..... 5/17/2019  
 Grand Haven/D1 Regional ..... 5/17/2019  
 Zeeland/D2 State ..... 6/ 1/2019  
 Hillsdale/D4 Regional ..... 5/18/2019  
 Zeeland/D2 State ..... 6/ 1/2019  
 Kentwood/D1 State ..... 6/ 1/2019  
 Grand Haven/D1 Regional ..... 5/17/2019  
 Kentwood/D1 State ..... 6/ 1/2019  
 Alma/Scottie Classic ..... 5/11/2019

**400 HURDLES**

60.88 Mackenzie Sullivan (Farmington Hills Mercy)10  
 61.48 Lauren Fulcher (Troy)12  
 62.21 Sullivan  
 64.29 Morgan Atlas (Oak Park)9  
 64.65 Makenzee Powell (GR Ottawa Hills)10  
 64.82 Madison Eaton (Lake Orion)12  
 64.85 Aniya Myers (Detroit Cass Tech)11  
 65.71 Ahvon Mitchell (Detroit Country Day)11  
 66.88 Gabi Newman (Ann Arbor Pioneer)9  
 67.47 Kaia Scheffler (Marysville)11  
 68.03 Layla Hunt (East Kentwood)11  
 68.28 Ariana Poteat ()  
 68.66 Diamond Rush (Detroit Cass Tech)10  
 69.19 Jordyn Jackson (East Kentwood)10

Greensboro/AAU Junior Olympics ..... 7/30/2019  
 Greensboro/New Balance Nationals ..... 6/16/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Greensboro/New Balance Nationals ..... 6/16/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Detroit/AAU Region 12 ..... 6/29/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Detroit/AAU Region 12 ..... 6/29/2019  
 Albion/AAU District ..... 6/15/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Detroit/AAU Region 12 ..... 6/29/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Greensboro/AAU Junior Olympics (h) ..... 7/29/2019  
 Detroit/AAU Region 12 ..... 6/29/2019

**HIGH JUMP**

5-8.75 Kennedy Jackson (Walled Lake Western)11  
 5-8 Jackson  
 5-8 Marr Day'Anna (Adrian)10  
 5-7 Jackson  
 5-7 Elizabeth Knoll (Muskegon Mona Shores)11  
 5-6.25 Gabi Newman (Ann Arbor Pioneer)9  
 5-6 Lindsey Strutz (Hartland)11  
 5-6 Jenna Doyle (Troy Athens)12  
 5-6 Micah Martin (Harrison Twp L'Anse Creuse)9  
 5-6 Grace Williamson (Unionville-Sebewaing)10  
 5-6 Austyn DeWeese (Kingsley)11  
 5-5 Braely Herrema (Hudsonville)11  
 5-5 Alyssa Vandegriff (Fowler)12  
 5-5 Avery Budz (Dearborn Divine Child)11

Greensboro/AAU Junior Olympics ..... 8/ 1/2019  
 Waterford/Lakes Conference ..... 5/11/2019  
 Ann Arbor/Eagle End of Season ..... 5/23/2019  
 Milford/D1 Regional ..... 5/17/2019  
 Greensboro/New Balance Nationals ..... 6/15/2019  
 Monroe/dual ..... 4/23/2019  
 Milford/D1 Regional ..... 5/17/2019  
 Warren/D1 Regional ..... 5/17/2019  
 Warren/D1 Regional ..... 5/17/2019  
 Unionville/GTC West ..... 5/14/2019  
 Traverse City/Record-Eagle ..... 5/28/2019  
 Hudsonville/tri ..... 4/17/2019  
 Shepherd/Bluejay Inv ..... 5/ 3/2019  
 Novi/Catholic League AB ..... 5/11/2019

|     |  |                            |           |
|-----|--|----------------------------|-----------|
| 5-5 | Makayla Ward (Salem)11                       | Plymouth/D1 Regional ..... | 5/17/2019 |
| 5-5 | Kaiya Wall (Adrian Madison)12                | Sand Creek/TCC.....        | 5/22/2019 |
| 5-5 | Bailey Mogret (Hillsdale)11                  | Jenison/D3 State.....      | 6/ 1/2019 |
| 5-5 | Kylei Anderson (West Bloomfield Walnut Crk)8 | Detroit/AAU Region 12..... | 6/28/2019 |

### POLE VAULT

|         |  |  |           |
|---------|--|--|-----------|
| 12-6.25 | Cate Visscher (Livonia Churchill)12      | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 12-6    | Tricia Pierce (Ortonville-Brandon)12     | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 12-4.75 | Sarah Griffin (Lake Orion)11             | Greensboro/AAU Junior Olympics .....   | 8/ 2/2019 |
| 12-3    | Brianna Bredeweg (Allendale)11           | Hopkins/Viking Inv.....                | 5/ 4/2019 |
| 12-3    | Sidney Heugel (Allendale)10              | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 12-3    | Nicole Bow (Dexter)12                    | East Lansing/Midwest Meet .....        | 6/ 8/2019 |
| 12-2    | Josie Mettes (Dexter)10                  | Livonia/Churchill Field Inv .....      | 5/21/2019 |
| 12-1    | Mettes                                   | Ypsilanti/D1 Regional .....            | 5/17/2019 |
| 12-1    | Brooke Bowers (Forest Hills Central MS)7 | Vermontville/Moon Vault.....           | 8/ 3/2019 |
| 12-0.5  | Bow                                      | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 12-0    | Bredeweg                                 | Allendale/dual.....                    | 4/22/2019 |
| 12-0    | Mettes                                   | Saline/Golden Triangle .....           | 5/ 3/2019 |
| 12-0    | Visscher                                 | Livonia/dual.....                      | 4/30/2019 |
| 12-0    | Heugel                                   | Zeeland/MITCA D2.....                  | 5/24/2019 |
| 12-0    | Griffin                                  | Clarkston/Oakland County .....         | 5/24/2019 |
| 12-0    | Visscher                                 | Dexter/Larry Steeb .....               | 5/28/2019 |
| 12-0    | Bow                                      | Dexter/Larry Steeb .....               | 5/28/2019 |
| 12-0    | Mettes                                   | Dexter/Larry Steeb .....               | 5/28/2019 |
| 12-0    | Bredeweg                                 | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 12-0    | Bow                                      | Dexter/Daze Field Events.....          | 8/10/2019 |
| 12-0    | Mettes                                   | Dexter/Daze Field Events.....          | 8/10/2019 |
| 11-6    | Jael Wood (Mason County Central)11       | Traverse City/Bell Inv .....           | 5/ 3/2019 |
| 11-6    | Katie Clifford (GR West Catholic)10      | Grand Rapids/OK Blue.....              | 5/11/2019 |
| 11-4    | Tara Townsend (Frankfort)9               | Hudsonville/D4 State.....              | 6/ 1/2019 |
| 11-3    | Shelby Korotkowski (Rockford)11          | Grand Haven/D1 Regional .....          | 5/17/2019 |
| 11-3    | Madelyn Elmquist (Davison)12             | Kentwood/D1 State .....                | 6/ 1/2019 |
| 11-3    | Thea Newkirk (East Grand Rapids)9        | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 11-3    | Katie Blanchard (Sanford-Meridian)12     | Jenison/D3 State.....                  | 6/ 1/2019 |
| 11-0.75 | Sophia Mettes (Dexter)9                  | Greensboro/New Balance Nationals ..... | 6/13/2019 |
| 11-0    | Vanessa Wooley (Ann Arbor Pioneer)12     | Brighton/Bulldog Inv .....             | 4/27/2019 |
| 11-0    | Taylor DeHommel (Hudsonville)11          | Comstock Park/Metro Health .....       | 5/22/2019 |
| 11-0    | Catelyn Gagnier (Grosse Pointe North)10  | Dakota/dual.....                       | 5/ 7/2019 |
| 11-0    | Allison Dolan (Goodrich)11               | Corunna/D2 Regional.....               | 5/17/2019 |
| 11-0    | Kaylee Koch (Macomb Dakota)12            | Grosse Pointe/MAC Red.....             | 5/21/2019 |
| 11-0    | Morgan Vargo (Rockford)11                | Lansing/MITCA D1 .....                 | 5/25/2019 |

### LONG JUMP

|          |  |  |           |
|----------|--|--|-----------|
| 19-9.75  | Kennedy Jackson (Walled Lake Western)11  | Greensboro/AAU Junior Olympics (1.1) .....     | 7/29/2019 |
|          | (19-7.5 [0.8], 18-3.25 [1.3], 19-1.5 [2.0], 18-1.5 [1.5], 19-9.75 [1.1], 19-7.5 [1.2]) |  |           |
| 19-7.5   | Jackson  | Greensboro/AAU Junior Olympics (!) (0.8) ..... | 7/29/2019 |
| 19-7.5   | Jackson  | Greensboro/AAU Junior Olympics (!) (1.2) ..... | 7/29/2019 |
| 19-1.5   | Jackson  | Greensboro/AAU Junior Olympics (!) (2.0) ..... | 7/29/2019 |
| 18-11.5  | Jackson  | Ortonville/Tri-County Inv.....                 | 4/12/2019 |
| 18-11.5  | Jackson  | Marshall/Blazers Inv.....                      | 6/22/2019 |
| 18-10.5  | Jackson  | Kentwood/D1 State (0.1).....                   | 6/ 1/2019 |
| 18-10.25 | Marr Day'Anna (Adrian)10   | Zeeland/D2 State (1.2).....                    | 6/ 1/2019 |
| 18-10    | Jackson  | Walled Lake/City .....                         | 5/ 4/2019 |
| 18-8     | Jackson  | Detroit/AAU Region 12.....                     | 6/28/2019 |
| 18-7.5   | Lyric Spears (Allen Park)12  | Kentwood/D1 State (0.2).....                   | 6/ 1/2019 |
| 18-6.5   | Autumn Glover (South Lyon East)11  | Kentwood/D1 State (0.8).....                   | 6/ 1/2019 |
| 18-5.25  | Jackson  | Milford/D1 Regional.....                       | 5/17/2019 |
| 18-3     | Braely Herrema (Hudsonville)11   | Waterford/Lakes Conference .....               | 5/11/2019 |
| 18-3     | Sarah Daniel (White Lake Lakeland)11   | Waterford/tri .....                            | 4/16/2019 |
| 18-3     | Jessica Robach (Williamston)12   | Corunna/D2 Regionals .....                     | 5/17/2019 |
| 18-1.75  | Nysha Jordan (Oak Park)10  | Detroit/AAU Region 12.....                     | 6/28/2019 |
| 18-1     | Ava Qe'Neisha Young (East Kentwood)11  | Kentwood/D1 State (0.5).....                   | 6/ 1/2019 |



|         |  |                                 |           |
|---------|--|---------------------------------|-----------|
| 17-11.5 | Morgan Vargo (Rockford)10                      | Kentwood/tri.....               | 5/ 6/2019 |
| 17-11   | Alaina Diaz (Hudsonville)9                     | Kentwood/D1 State (0.2).....    | 6/ 1/2019 |
| 17-9.75 | Ally McLouth (Addison)11                       | Hudsonville/D4 State.....       | 6/ 1/2019 |
| 17-9    | Claire Matthews (Auburn Hills Avondale)11      | Oxford/OAA Red White .....      | 5/ 9/2019 |
| 17-8.75 | Sarah Griffin (Lake Orion)11                   | Oxford/OAA Red White .....      | 5/ 9/2019 |
| 17-8    | Mackenzie Brigham (Fowlerville)12              | Corunna/D2 Regional.....        | 5/17/2019 |
| 17-7.5  | Lexi Martenis (Owosso)12                       | Corunna/D2 Regional.....        | 5/17/2019 |
| 17-7    | Elena Welker (Dearborn Divine Child)12         | Ann Arbor/Westfield Women ..... | 4/ 6/2019 |
| 17-7    | Zoe Pritchard (Rochester Hills Stoney Creek)12 | Oxford/OAA Red White .....      | 5/ 9/2019 |

**Wind-aided:**

|          |                                     |                             |           |
|----------|-------------------------------------|-----------------------------|-----------|
| 18-9     | Marr Day'Anna (Adrian)10            | Onsted/Lenawee County.....  | 5/28/2019 |
| 17-11.25 | Ellie Fichtner (New Boston Huron)12 | Zeeland/D2 State (2.3)..... | 6/ 1/2019 |

**TRIPLE JUMP**

|         |  |   |           |
|---------|--|---|-----------|
| 33-9.5  | Sarah Daniel (White Lake Lakeland)11       | Greensboro/AAU Junior Olympics (0.0)..... | 7/31/2019 |
| 31-3.25 | Kayla Adams (Auburn Hills Avondale)12      | Detroit/AAU Region 12.....                | 6/28/2019 |
| 31-3.25 | Kennedy Johnson (Detroit Cass Tech)10      | Greensboro/AAU Junior Olympics (1.4)..... | 7/30/2019 |
| 30-2.5  | Angelica Mgbeafulu (Detroit Renaissance)12 | Dayton/Roosevelt Memorial .....           | 5/ 3/2019 |
| 29-3.75 | Donae' Adams (Detroit Renaissance)12       | Dayton/Roosevelt Memorial .....           | 5/ 3/2019 |

**SHOT**

|         |  |                                  |           |
|---------|--|----------------------------------|-----------|
| 45-5.25 | Mohogany Wells (Lansing Sexton)12      | Corunna/D2 Regional.....         | 5/17/2019 |
| 45-0    | Jasmine Clerkley (Okemos)11            | Lansing/CAAC Blue True Team..... | 4/23/2019 |
| 44-11.5 | Sarah Marvin (Byron)10                 | Jenison/D3 State.....            | 6/ 1/2019 |
| 44-10   | Aliyah Boeve (Zeeland East)12          | Rockford/Inv .....               | 4/13/2019 |
| 44-0    | Valadian Pallett (Farmington)10        | Birmingham/dual .....            | 4/17/2019 |
| 43-3    | Belle Okoroafo (East Kentwood)         | Lansing/MITCA D1 .....           | 5/25/2019 |
| 42-4.25 | Aderinola Adunbi (Ann Arbor Pioneer)12 | Ann Arbor/dual .....             | 4/ 9/2019 |
| 42-3.25 | Sarah Knoll (Grand Haven)11            | Kentwood/D1 State .....          | 6/ 1/2019 |
| 42-1.75 | Faith Weide (Alpena)12                 | Traverse City/Big North.....     | 5/22/2019 |
| 41-7.5  | Sheridan Dinsmore (Caro)11             | Portage/Throw Farther .....      | 5/21/2019 |
| 41-5    | Lyniah Wilson (Salem)12                | Novi/KLAA.....                   | 5/10/2019 |
| 41-0.75 | Leah Doezema (Traverse City Central)10 | Kentwood/D1 State .....          | 6/ 1/2019 |
| 41-0.75 | Camari McCarroll (Oak Park)12          | Kentwood/D1 State .....          | 6/ 1/2019 |
| 40-5    | Makayla Rawls (Birmingham Seaholm)12   | Oak Park/OAA Blue/Gold .....     | 5/10/2019 |
| 40-4.25 | Maggie Stevenson (East Jordan)11       | Hudsonville/D4 State.....        | 6/ 1/2019 |
| 40-2    | Mackenzie Ramey (Flint Kearsley)12     | Holly/tri .....                  | 5/ 1/2019 |

**DISCUS**

|        |   |                                       |           |
|--------|---|---------------------------------------|-----------|
| 148-11 | Valadian Pallett (Farmington)10<br>(128-1, 133-10, 134-8, 129-5, f, 148-11) | Sacramento/USATF Junior Olympics..... | 7/26/2019 |
| 145-4  | Aliyah Boeve (Zeeland East)12   | Zeeland/dual .....                    | 4/25/2019 |
| 141-8  | Makayla Rawls (Birmingham Seaholm)12  | East Lansing/Midwest Meet .....       | 6/ 8/2019 |
| 141-6  | Taylor Waterway (Zeeland East)12  | Grand Rapids/Elite Challenge .....    | 4/20/2019 |
| 140-10 | Belle Okoroafo (East Kentwood)10  | Kentwood/D1 State .....               | 6/ 1/2019 |
| 138-1  | Ashley Micheaux (Wayne Memorial)12  | Dearborn/Carpenter Inv .....          | 5/ 4/2019 |
| 136-7  | Natalie Kutzli (Hudsonville)12  | Grand Haven/D1 Regional .....         | 5/17/2019 |
| 136-1  | Sheridan Dinsmore (Caro)11  | Portage/Throw Farther .....           | 5/21/2019 |
| 135-4  | Sarah Marvin (Byron)10  | Chesaning/tri.....                    | 4/23/2019 |
| 134-2  | Cecile Steck (Novi)12   | Novi/dual .....                       | 4/16/2019 |
| 130-10 | Janan Khalil (Macomb Dakota)10  | Kentwood/D1 State .....               | 6/ 1/2019 |
| 130-5  | Lyndsi Wolfe (Fulton)12   | Hudsonville/D4 State.....             | 6/ 1/2019 |

**HAMMER**

|       |  |                                       |           |
|-------|--|---------------------------------------|-----------|
| 135-8 | Valadian Pallett (Farmington)10<br>(130-10, 135-8, f, f, 135-1, f) | Sacramento/USATF Junior Olympics..... | 7/22/2019 |
| 129-4 | Pallett  | Olivet/USATF Open.....                | 6/ 8/2019 |
| 113-4 | Mackenzie Patten (Milford)11                                       | Joliet/Rush AC Inv .....              | 7/19/2019 |
| 80-1  | Allie Miller (Portage Northern)10                                  | Portage/HT-JT Qualifier.....          | 5/23/2019 |
| 80-0  | Hailey Funk (Portage Northern)10                                   | Portage/HT-JT Qualifier.....          | 5/23/2019 |
| 74-3  | Miller   | Portage/HT-JT Qualifier (!).....      | 5/23/2019 |
| 63-11 | Charlotte Wilson (Portage Northern)9                               | Portage/HT-JT Qualifier.....          | 5/23/2019 |

|       |                                     |                              |           |
|-------|-------------------------------------|------------------------------|-----------|
| 54-1  | Makayla Bolton (Portage Northern)10 | Portage/HT-JT Qualifier..... | 5/23/2019 |
| 37-11 | Halle Escher (Portage Northern)12   | Portage/HT-JT Qualifier..... | 5/23/2019 |

**JAVELIN**

|        |  |   |           |
|--------|--|---|-----------|
| 126-2  | Valadian Pallett (Farmington)10                      | Olivet/USATF Open.....                    | 6/ 8/2019 |
| 122-9  | Pallett<br>(110-9, 97-8, 122-9, 116-5, 113-4, 119-0) | Sacramento/USATF Junior Olympics.....     | 7/27/2019 |
| 114-0  | Lindsay Strutz (Hartland)11                          | Greensboro/AAU Junior Olympics (hep) .... | 7/28/2019 |
| 112-10 | Pallett  | Detroit/AAU Region 12.....                | 6/28/2019 |
| 111-10 | Strutz   | Hillsdale/Last Chance .....               | 5/ 9/2019 |
| 111-6  | Pallett  | Greensboro/AAU Junior Olympics .....      | 8/ 1/2019 |
| 111-0  | Strutz   | Hillsdale/Last Chance (!).....            | 5/ 9/2019 |
| 109-8  | Strutz   | Hillsdale/Last Chance (!).....            | 5/ 9/2019 |
| 108-11 | Strutz   | Greensboro/AAU Junior Olympics .....      | 8/ 2/2019 |
| 108-7  | Strutz   | Hillsdale/Last Chance (!).....            | 5/ 9/2019 |
| 104-9  | Strutz   | Hillsdale/Last Chance (!).....            | 5/ 9/2019 |
| 94-10  | Kayla Adams (Auburn Hills Avondale)12                | Detroit/AAU Region 12.....                | 6/28/2019 |
| 88-11  | Jordan Turner (Farmington)11                         | Detroit/AAU Region 12.....                | 6/28/2019 |
| 80-6   | Genna Golab (Clarkston Sashabaw)8                    | Detroit/AAU Region 12.....                | 6/28/2019 |
| 79-3   | Peyton Hansen (Freeland)11                           | Albion/AAU District.....                  | 6/16/2019 |
| 78-0   | Mackenzie Patten (Milford)11                         | Joliet/Rush AC Inv.....                   | 7/19/2019 |
| 76-7   | Gabrielle Black (Beverly Hills Groves)9              | Detroit/AAU Region 12.....                | 6/28/2019 |
| 74-4   | Clayre Shaver (Milford)11                            | Brandon/USATF Youth .....                 | 6/22/2019 |

**HEPTATHLON**

|      |   |  |           |
|------|---|--|-----------|
| 4533 | Lindsay Strutz (Hartland)11<br>(16.19 [0.3], 5-1, 37-3.75, 27.20 [1.0], 16-8.5 [0.3], 114-0, 2:29.49)         | Greensboro/AAU Junior Olympics .....   | 7/28/2019 |
| 4294 | Strutz<br>(16.91, 5-5, 35-2, 27.47 [-1.1], 16-6 [2.4], 90-10, 2:34.14)  | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 4268 | Strutz<br>(16.79, 5-3.75, 35-4, 27.43, 15-11.75, 99-3, 2:35.39)   | Detroit/AAU Region 12.....             | 6/28/2019 |
| 3943 | Gabi Newman (Ann Arbor Pioneer)9<br>(15.59 [0.4], 5-5, 22-1.75, 27.40 [-0.3], 15-2 [1.2], 57-9, 2:30.92)      | Greensboro/AAU Junior Olympics .....   | 7/28/2019 |
| 3673 | Jaylah Walton (Detroit Renaissance)11<br>(14.87 [1.2], 4-11, 25-5.5, 26.39 [0.7], 15-11 [1.3], 67-7, 3:16.87) | Greensboro/AAU Junior Olympics .....   | 7/28/2019 |
| 3602 | Walton<br>(15.09, 4-11.75, 23-6.75, 27.21, 15-11, 63-5, 3:08.23)  | Detroit/AAU Region 12.....             | 6/28/2019 |
| 3593 | Newman<br>(16.02, 5-3.75, 19-0.5, 28.21, 14-7.25, 41-4, 2:31.06)  | Detroit/AAU Region 12.....             | 6/28/2019 |
| 3533 | Kaya Freeman (BH Cranbrook)10<br>(16.94 [0.4], 4-11, 23-5.25, 27.73 [0.0], 16-8.5 [0.3], 72-8, 2:56.35)       | Greensboro/AAU Junior Olympics .....   | 7/28/2019 |
| 3251 | Kennedy Johnson ()<br>(16.93 [0.6], 4-5, 25-5.5, 27.22 [0.0], 14-1.75 [-1.1], 50-6, 2:44.31)                  | Greensboro/AAU Junior Olympics .....   | 7/28/2019 |
| 3245 | Carly Mixon (Birmingham Seaholm)11<br>(16.17, 4-7.75, 20-5, 27.99, 14-11.5, 48-7, 2:49.96)                    | Detroit/AAU Region 12.....             | 6/28/2019 |

**4 x 100 RELAY**

|       |   |                                 |           |
|-------|---|---------------------------------|-----------|
| 46.27 | Detroit Renaissance<br>(Olivia Jenkins, Leeah Burr, Donae' Adams, Kaila Jackson)  | Farmington/D1 Regional .....    | 5/18/2019 |
| 46.58 | Detroit Renaissance<br>(Olivia Jenkins, Leeah Burr, Donae' Adams, Kaila Jackson)  | Kentwood/D1 State .....         | 6/ 1/2019 |
| 46.98 | Detroit Renaissance<br>(Olivia Jenkins, Leeah Burr, Donae' Adams, Kaila Jackson)  | Dayton/Roosevelt Memorial ..... | 5/ 4/2019 |
| 47.07 | Oak Park<br>(Morgan Atlas, Janae Barksdale, Kourtney Kennard, Nysha Jordan)       | Kentwood/D1 State .....         | 6/ 1/2019 |
| 47.69 | Oak Park<br>(Morgan Atlas, Janae Barksdale, Kourtney Kennard, N'Stajah Banks)     | Farmington/D1 Regional .....    | 5/18/2019 |
| 47.91 | East Kentwood<br>(Trinity Bracey, Kate Hudkins, Taylor Kyle, Qe'Neisha Young)     | Kentwood/D1 State .....         | 6/ 1/2019 |
| 47.98 | Detroit Renaissance   | Detroit/Courageous Inv .....    | 4/27/2019 |
| 48.02 | Detroit Renaissance<br>(Olivia Jenkins, Leeah Burr, Ashley Harris, Kaila Jackson) | Detroit/PSL.....                | 5/25/2019 |

|       |                           |  |           |
|-------|---------------------------|--|-----------|
| 48.09 | East Kentwood             | Grand Haven/D1 Regional .....          | 5/17/2019 |
| 48.52 | Oak Park                  | Clarkston/Oakland County .....         | 5/24/2019 |
| 48.55 | Rockford                  | Kentwood/D1 State .....                | 6/ 1/2019 |
| 48.72 | Ann Arbor Huron           | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 48.85 | Northville                | Milford/D1 Regional.....               | 5/17/2019 |
| 49.11 | West Bloomfield           | Farmington/D1 Regional .....           | 5/18/2019 |
| 49.22 | Jackson                   | Ypsilanti/D1 Regional .....            | 5/17/2019 |
| 49.23 | Ann Arbor Skyline         | Ypsilanti/D1 Regional .....            | 5/17/2019 |
| 49.36 | Grand Rapids Ottawa Hills | Kentwood/D1 State .....                | 6/ 1/2019 |
| 49.43 | Saline                    | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 49.47 | Corunna                   | East Lansing/Honor Roll .....          | 5/28/2019 |
| 49.53 | Holt                      | East Lansing/Honor Roll .....          | 5/28/2019 |
| 49.57 | Frankenmuth               | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 49.68 | Salem                     | Lansing/MITCA D1 .....                 | 5/25/2019 |
| 49.68 | Davison                   | Kentwood/D1 State .....                | 6/ 1/2019 |
| 49.71 | Brighton                  | Ann Arbor/Friendly .....               | 4/ 5/2019 |
| 49.73 | Lake Orion                | Farmington/NB Inv .....                | 5/ 4/2019 |
| 49.82 | Bloomfield Hills          | Kentwood/D1 State .....                | 6/ 1/2019 |
| 49.82 | Williamston               | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 49.83 | Bridgeport                | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 49.95 | St Charles                | Jenison/D3 State.....                  | 6/ 1/2019 |

**4 x 200 RELAY**

|         |  |  |           |
|---------|--|--|-----------|
| 1:36.53 | Detroit Renaissance  | Farmington/D1 Regional .....           | 5/18/2019 |
|         | (Kaila Jackson, Imani Jackson, Donae' Adams, Leeah Burr)             |  |           |
| 1:36.61 | Detroit Renaissance  | Greensboro/New Balance Nationals ..... | 6/15/2019 |
|         | (Kaila Jackson, Imani Jackson, Donae' Adams, Leeah Burr)             |  |           |
| 1:37.20 | Detroit Renaissance  | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Kaila Jackson, Imani Jackson, Olivia Jenkins, Leeah Burr)           |  |           |
| 1:38.18 | Oak Park   | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)     |  |           |
| 1:38.54 | Oak Park   | Farmington/D1 Regional .....           | 5/18/2019 |
|         | (Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)     |  |           |
| 1:38.96 | Detroit Renaissance  | Dayton/Roosevelt Memorial .....        | 5/ 3/2019 |
|         | (Kaila Jackson, Paige Chapman, Donae' Adams, Leeah Burr)             |  |           |
| 1:39.08 | Oak Park   | Greensboro/New Balance Nationals ..... | 6/15/2019 |
|         | (Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)     |  |           |
| 1:40.22 | Oak Park   | Dayton/Roosevelt Memorial .....        | 5/ 3/2019 |
|         | (Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)     |  |           |
| 1:40.27 | Oak Park   | Oak Park/Knight Inv .....              | 4/26/2019 |
|         | (Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)     |  |           |
| 1:40.33 | Rockford   | Greensboro/New Balance Nationals ..... | 6/14/2019 |
|         | (Peyton Korytkowski, Kate Zang, Abby Nash, Taylor Korytkowski)       |  |           |
| 1:40.49 | Rockford   | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Grace Gohl, Kate Zang, Abby Nash, Jillian Roney)                    |  |           |
| 1:40.85 | Oak Park   | Clarkston/Oakland County .....         | 5/24/2019 |
|         | (Chloe Vines, Aasia Laurencin, Kourtney Kennard, N'Stajah Banks)     |  |           |
| 1:41.25 | Oak Park   | Oak Park/dual .....                    | 4/24/2019 |
| 1:41.27 | Rockford   | Grand Haven/D1 Regional .....          | 5/17/2019 |
| 1:41.59 | Detroit Renaissance  | Detroit/Courageous Inv .....           | 4/27/2019 |
| 1:42.02 | East Kentwood  | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 1:42.35 | Grand Blanc  | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Camille Minner, NaSkyah White-Sears, Maria Smiley, Alexis Williams) |  |           |
| 1:42.61 | Ann Arbor Skyline  | Dexter/Larry Steeb .....               | 5/28/2019 |
|         | (Felicity Sorenson, Alexys Wilson, Sydney Cunningham, Zsofia Hull)   |  |           |
| 1:43.03 | West Bloomfield  | Farmington/D1 Regional .....           | 5/18/2019 |
|         | (Jordan Abston, Nysja Clark, MaKayla Williams, Kaitlynn Rush)        |  |           |
| 1:43.45 | Brighton   | Milford/D1 Regional.....               | 5/17/2019 |
|         | (Felesity Norris, Kennedy Smith, Brooke Gray, Morgan Waggoner)       |  |           |
| 1:43.57 | Saline   | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 1:43.59 | Williamston  | Zeeland/D2 State .....                 | 6/ 1/2019 |
|         | (Jayda Bush, Makayla Kribs, Danielle Pollak, Jessica Robach)         |  |           |

|         |  |                          |           |
|---------|--|--------------------------|-----------|
| 1:43.69 | Northville   | Milford/D1 Regional..... | 5/17/2019 |
| 1:43.89 | Bridgeport   | Zeeland/D2 State .....   | 6/ 1/2019 |
|         | (Chaniya Madison, Ruby Garner, Destiny Manley, Arielle Allen)          |                          |           |
| 1:44.32 | Livonia Churchill  | Kentwood/D1 State .....  | 6/ 1/2019 |
|         | (Jessica Maladecki, Elizabeth Tracy, Melissa Meadows, Iamani Moultrie) |                          |           |
| 1:44.49 | Frankenmuth  | Zeeland/D2 State .....   | 6/ 1/2019 |
| 1:44.52 | Saginaw  | Zeeland/D2 State .....   | 6/ 1/2019 |
|         | (Brenasiaha Greene, Asia Greene, Aidia Adams, Anna Doublestein)        |                          |           |
| 1:44.56 | Hudsonville  | Kentwood/D1 State .....  | 6/ 1/2019 |
|         | (Jada Moylan, Alexa Hartman, Victoria Lowry, Alyssa Walker)            |                          |           |
| 1:44.80 | Salem  | Kentwood/D1 State .....  | 6/ 1/2019 |

#### 4 x 400 RELAY

|         |   |  |           |
|---------|---|--|-----------|
| 3:44.03 | Oak Park  | Greensboro/New Balance Nationals ..... | 6/16/2019 |
|         | (Chloe Vines, Tamyra Todd, Kourtney Kennard 56.66, Jayla Jones 56.54)         |  |           |
| 3:45.13 | Oak Park  | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Jayla Jones 57.9, Tamyra Todd 56.5, Kourtney Kennard 56.5, Chloe Vines 54.2) |  |           |
| 3:46.29 | Oak Park  | Farmington/D1 Regional .....           | 5/18/2019 |
|         | (Jayla Jones 57.0, Tamyra Todd 56.8, Kourtney Kennard 57.7, Chloe Vines 54.8) |  |           |
| 3:48.35 | Detroit Renaissance   | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Leeah Burr, Imani Jackson, Kynnedee Cowles, Donae' Adams)                    |  |           |
| 3:48.44 | Oak Park  | Dayton/Roosevelt Memorial .....        | 5/ 4/2019 |
|         | (Jayla Jones, Kourtney Kennard, Tamyra Todd, Chloe Vines)                     |  |           |
| 3:49.81 | Oak Park  | Clarkston/Oakland County .....         | 5/24/2019 |
|         | (Jayla Jones, Tamyra Todd, Kourtney Kennard, Chloe Vines)                     |  |           |
| 3:51.44 | Detroit Renaissance   | Dayton/Roosevelt Memorial .....        | 5/ 4/2019 |
|         | (Donae' Adams, Kennedy Cowles, Imani Jackson, Leeah Burr)                     |  |           |
| 3:53.19 | Oak Park  | Oak Park/OAA Blue/Gold .....           | 5/10/2019 |
|         | (Morgan Atlas, Janae Barksdale, N'Stajah Banks, China Edwards)                |  |           |
| 3:53.63 | Rockford  | Kentwood/D1 State .....                | 6/ 1/2019 |
|         | (Peyton Korytkowski, Kate Zang, Jillian Roney, Taylor Korytkowski)            |  |           |
| 3:56.88 | Rockford  | Lansing/MITCA D1 .....                 | 5/25/2019 |
| 3:56.94 | Detroit Renaissance   | Farmington/D1 Regional .....           | 5/18/2019 |
|         | (Leeah Burr, Imani Jackson, Kynnedee Coles, Paige Chapman)                    |  |           |
| 3:57.39 | Grand Blanc   | Lake Orion/D1 Regional.....            | 5/17/2019 |
|         | (Alexis Williams, Camille Minner, Caitlin Rose, Comari Hawkins)               |  |           |
| 3:58.34 | Ann Arbor Skyline   | Greensboro/New Balance Nationals ..... | 6/16/2019 |
|         | (58.89, 57.83)  |  |           |
| 3:58.40 | Holland Christian   | Zeeland/D2 State .....                 | 6/ 1/2019 |
| 3:58.58 | Grand Blanc   | Kentwood/D1 State .....                | 6/ 1/2019 |
| 3:59.33 | Oak Park  | Oak Park/Knight Inv .....              | 4/26/2019 |
| 3:59.75 | Rockford  | Grand Haven/D1 Regional .....          | 5/17/2019 |
| 3:59.92 | Bay City Western  | Kentwood/D1 State .....                | 6/ 1/2019 |
| 4:01.47 | Clarkston   | Lake Orion/D1 Regional.....            | 5/17/2019 |
| 4:01.54 | Howell  | Novi/KLAA.....                         | 5/10/2019 |
|         | (Aliana Piettila, Ashlyn Tait, Ava Donnelly, Emily Endebrook)                 |  |           |
| 4:02.01 | Brighton  | Novi/KLAA.....                         | 5/10/2019 |
| 4:02.14 | Saline  | Saline/Golden Triangle .....           | 5/ 3/2019 |
| 4:02.17 | Grand Haven   | Grand Haven/D1 Regional .....          | 5/17/2019 |

#### 4 x 800 RELAY

|         |  |                         |           |
|---------|--|-------------------------|-----------|
| 9:11.33 | Bay City Western   | Kentwood/D1 State ..... | 6/ 1/2019 |
|         | (Karissa Picard, Ashlyn Nagel, Jenna Picard, Sydney Nesbitt) |                         |           |
| 9:13.77 | Ann Arbor Pioneer  | Kentwood/D1 State ..... | 6/ 1/2019 |
|         | (Lydia Valtadoros, Sarah Forsyth, Cookie Baugh, Zofia Dudek) |                         |           |
| 9:14.51 | Northville   | Kentwood/D1 State ..... | 6/ 1/2019 |
|         | (Emily Gordon, Olivia Harp, Gina Couyoumjian, Yasmine Mansi) |                         |           |
| 9:15.00 | East Grand Rapids  | Zeeland/D2 State .....  | 6/ 1/2019 |
|         | (Hannah Bodine, Katie Hessler, Ainsley Workman, Anna Petr)   |                         |           |
| 9:15.73 | Bay City Western   | Auburn/D1 Regional..... | 5/17/2019 |
|         | (Karissa Picard, Ashlyn Nagel, Jenna Picard, Sydney Nesbitt) |                         |           |

|         |   |                              |           |
|---------|---|------------------------------|-----------|
| 9:16.62 | Ann Arbor Pioneer<br>(Lydia Valtadoros, Sarah Forsyth, Cookie Baugh, Zofia Dudek)     | Ypsilanti/D1 Regional .....  | 5/17/2019 |
| 9:16.92 | Traverse City Central<br>(Julia Flynn, Sidney Carrigan, Alison Hankins, Avery McLean) | Kentwood/D1 State .....      | 6/ 1/2019 |
| 9:18.67 | Saline  | Kentwood/D1 State .....      | 6/ 1/2019 |
| 9:19.38 | Pinckney  | Kentwood/D1 State .....      | 6/ 1/2019 |
| 9:21.15 | Holland Christian   | Zeeland/D2 State .....       | 6/ 1/2019 |
| 9:24.26 | Ann Arbor Skyline<br>(Catrin Koselka, Madeline Nicholas, Zsofia Hull, Lillian Peck)   | Kentwood/D1 State .....      | 6/ 1/2019 |
| 9:24.67 | Romeo   | Lake Orion/D1 Regional ..... | 5/17/2019 |
| 9:27.59 | Midland Dow   | Midland/tri.....             | 4/10/2019 |
| 9:30.35 | Fenton  | Milford/D1 Regional.....     | 5/17/2019 |
| 9:32.24 | Coldwater<br>(Jayda Kelly, Elka Machan, Tyler Scheid, Kathy Potter)                   | Zeeland/D2 State .....       | 6/ 1/2019 |
| 9:32.55 | Brighton  | Milford/D1 Regional.....     | 5/17/2019 |
| 9:33.05 | Parma Western<br>(Ashley Oliver, Maddie Humphreys, Riley Robertson, Alyna Lewis)      | Zeeland/D2 State .....       | 6/ 1/2019 |
| 9:33.89 | Shepherd  | Jenison/D3 State.....        | 6/ 1/2019 |
| 9:34.65 | Birmingham Seaholm  | Kentwood/D1 State .....      | 6/ 1/2019 |
| 9:35.49 | Lake Orion  | Lake Orion/D1 Regional.....  | 5/17/2019 |
| 9:35.66 | Allendale   | Zeeland/D2 State .....       | 6/ 1/2019 |
| 9:36.44 | Saugatuck   | Saugatuck/D3 Regional .....  | 5/17/2019 |
| 9:37.45 | Rochester   | Lake Orion/D1 Regional.....  | 5/17/2019 |
| 9:37.87 | Benzie Central  | Zeeland/D2 State .....       | 6/ 1/2019 |
| 9:38.42 | Rockford  | Kentwood/OK Red .....        | 5/10/2019 |
| 9:38.54 | Dearborn Divine Child   | Zeeland/MITCA D2.....        | 5/24/2019 |
| 9:38.64 | Caledonia   | Kentwood/OK Red .....        | 5/10/2019 |

#### 4 x 1600 RELAY

|          |  |                                    |           |
|----------|--|------------------------------------|-----------|
| 22:37.04 | Alpena<br>(Maddy Boyd, Madi Szymanski, Molly Dickinson, Grace Mitchell)        | Midland/Graves-Swayze Relays ..... | 4/18/2019 |
| 22:43.25 | Traverse City West<br>(Hannah Smith, Elliott Smith, Abigail Jean, Morgan Lyon) | Midland/Graves-Swayze Relays ..... | 4/18/2019 |
| 22:44.93 | Caledonia  | Caledonia/Soderman Relays.....     | 4/20/2019 |
| 23:00.32 | Otsego   | Caledonia/Soderman Relays.....     | 4/20/2019 |
| 23:14.87 | Grand Rapids Christian   | Caledonia/Soderman Relays.....     | 4/20/2019 |
| 23:31.88 | Dearborn Divine Child  | Livonia/Patriot Relays .....       | 4/13/2019 |
| 23:32.0  | Shepherd   | St Louis/Relays .....              | 4/13/2019 |
| 23:49.25 | Warren Regina  | Livonia/Patriot Relays .....       | 4/13/2019 |

#### 800 SPRINT MEDLEY

|         |   |  |           |
|---------|---|--|-----------|
| 1:46.15 | Oak Park<br>(Morgan Atlas Nysha Jordan, Kourtney Kennard, Tamyra Todd 56.75)                      | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 1:47.72 | Detroit Renaissance<br>(Ashley Harris, Olivia Jenkins, Classie Hubert, Imani Jackson)             | Dayton/Roosevelt Memorial .....        | 5/ 3/2019 |
| 1:48.77 | Saline<br>(Amera Boyd, Lauryn Hunt, Greta Downey, Emily Cook)                                     | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 1:48.84 | Saline<br>(Emily Cook, Greta Downey, Amera Boyd, Lauryn Hunt 57.21)                               | Greensboro/New Balance Nationals ..... | 6/16/2019 |
| 1:49.99 | Ann Arbor Skyline<br>(Sydney Cunningham, Felicity Sorenson, Alexys Wilson, Zsofia Hull)           | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 1:50.99 | Ann Arbor Skyline<br>(Ayanna Bell, Catrin Koselka, Lillian Peck, Madeline Nicholas)               | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 1:53.06 | Ann Arbor Huron<br>(Jaliyah Girma-Walls, Kay-Lee MCSwain, Fatouma Conde, Christabelle Obi)        | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 1:53.48 | Ypsilanti Lincoln<br>(Jerzee Cheeks, Amaria Harris, Melia Williams, Aarielle Williams)            | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 1:54.01 | Farmington Hills Mercy<br>(Anna Rimatzki, Sophia Holdwick, Gianna Bellisario, Mackenzie Sullivan) | Saline/Golden Triangle .....           | 5/ 3/2019 |
| 1:54.89 | Adrian  | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 1:55.12 | Flint Kearsley  | Flint/Kearsley Relays .....            | 4/ 5/2019 |
| 1:55.21 | Grand Rapids Ottawa Hills   | Holland/Ins Relays .....               | 5/ 4/2019 |

|         |                            |                              |           |
|---------|----------------------------|------------------------------|-----------|
| 1:55.45 | East Grand Rapids          | Lowell/Talus Memorial .....  | 4/27/2019 |
| 1:55.79 | Dearborn Divine Child      | Livonia/Patriot Relays ..... | 4/13/2019 |
| 1:56.44 | Northville                 | Saline/Golden Triangle ..... | 5/ 3/2019 |
| 1:56.81 | Waterford Mott             | Saline/Golden Triangle ..... | 5/ 3/2019 |
| 1:57.15 | Sterling Heights Stevenson | Warren/Johnson Relays .....  | 4/26/2019 |
| 1:57.25 | Warren Mott                | Warren/Johnson Relays .....  | 4/26/2019 |

**Includes 8<sup>th</sup> grader:**

|         |  |  |           |
|---------|--|--|-----------|
| 1:48.96 | Ann Arbor Huron<br>(Jaliyah Girma-Walls, Kay-Lee McSwain, Fatouma Conmde, Mackenzie Robinson[8] 58.11) | Greensboro/New Balance Nationals ..... | 6/14/2019 |
|---------|--|--|-----------|

**1000 SWEDISH MEDLEY**

|         |   |  |           |
|---------|---|--|-----------|
| 2:17.68 | Rockford<br>(Shelby Korytkowski, Abby Nash, Kate Zang, Peyton Korytkowski 57.49)          | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 2:19.85 | Saline<br>(Greta Downey, Amara Boyd, Suzanne Chuparkoff, Lauryn Hunt)                     | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 2:19.98 | Saline<br>(Greta Downey, Amara Boyd, Suzanne Chuparkoff, Lauryn Hunt 57.74)               | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 2:26.12 | Ann Arbor Skyline<br>(Alexis Wilson, Jaeda Olive, Sydney Cunningham, Zsofia Hull 62.27)   | Greensboro/New Balance Nationals ..... | 6/14/2019 |
| 2:28.84 | Ypsilanti Lincoln<br>(Jerzee Cheeks, Amaria Harris, Aarielle Williams, Melia Williams)    | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 2:33.35 | GR Ottawa Hills<br>(Naomi Robinson, Aryana Bailey, Ariel Covington, Makenzee Powell)      | Grand Rapids/Elite Challenge .....     | 4/20/2019 |
| 2:33.71 | Adrian<br>(Jessica Scott, Day'Anna Marr, Gabby Stintzi, Maggie Raab)                      | Ann Arbor/Eagle End of Season.....     | 5/23/2019 |
| 2:37.21 | Forest Hills Northern<br>(Tia Reid, Gabrielle Williams, Audrea Morrissey, Emily Fredette) | Grand Rapids/Elite Challenge .....     | 4/20/2019 |

**1200 SPRINT MEDLEY**

|         |                        |                                     |           |
|---------|------------------------|-------------------------------------|-----------|
| 3:02.96 | Hartland               | Lake Fenton/Blue Devil Relays ..... | 4/13/2019 |
| 3:07.01 | Lowell                 | Caledonia/Soderman Relays.....      | 4/20/2019 |
| 3:08.15 | Grand Rapids Christian | Caledonia/Soderman Relays.....      | 4/20/2019 |

**1600 SPRINT MEDLEY**

|         |   |  |           |
|---------|---|--|-----------|
| 4:01.21 | Oak Park<br>(Aasia Laurencin, Kourtney Kennard, Chloe Vines, Jayla Jones 2:15.59) | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 4:03.61 | Saline<br>(Greta Downey, Amara Boyd, Lauryn Hunt, Madi Wood 2:13.87)              | Greensboro/New Balance Nationals ..... | 6/15/2019 |
| 4:06.51 | Oak Park<br>(Morgan Atlas, Kourtney Kennard, Tamyra Todd, Jayla Jones)            | Dayton/Roosevelt Memorial .....        | 5/ 3/2019 |
| 4:39.4  | Grosse Pointe South   | Novi/Relays .....                      | 4/13/2019 |
| 4:40.98 | Flint Carman-Ainsworth  | White Lake/Coaches Inv .....           | 4/27/2019 |
| 4:48.96 | White Lake Lakeland   | White Lake/Coaches Inv .....           | 4/27/2019 |

**2400 MEDLEY**

|         |   |                                    |           |
|---------|---|------------------------------------|-----------|
| 7:00.78 | Traverse City Central<br>(Julia Flynn, Madylin McLean, Addison Swanson, Avery McLean) | Midland/Graves-Swayze Relays ..... | 4/18/2019 |
|---------|---|------------------------------------|-----------|

**DISTANCE MEDLEY**

|          |  |  |           |
|----------|--|--|-----------|
| 12:14.39 | Bay City Western<br>(Sydney Nesbitt 3:49.06, Karissa Picard 60.12, Jenna Picard 2:22.17, Ashlyn Nagel 5:03.06) | Greensboro/New Balance Nationals ..... | 6/16/2019 |
| 12:19.68 | Pinckney<br>(Mia Garcia 3:52.20, Molly Bolang 60.94, Erika Rapp 2:25.65, Noelle Adriaens 5:00.90)              | Greensboro/New Balance Nationals ..... | 6/16/2019 |
| 12:37.54 | Pinckney<br>(Mia Garcia 3:49.8, Kylie Ray 65.5, Erika Rapp 2:33.8, Noelle Adriaens 5:08.4)                     | Whitmore Lake/Trojan Relays .....      | 4/12/2019 |
| 12:34.17 | Saline<br>(Maddie Stern 3:56.55, Suzanne Chuparkoff 61.82, Nikki Dillmann 2:26.60, Madi Wood 5:09.21)          | Greensboro/New Balance Nationals ..... | 6/16/2019 |
| 12:40.04 | Milford  | Saline/Golden Triangle .....           | 5/ 3/2019 |
| 13:16.91 | Holland  | Caledonia/Soderman Relays.....         | 4/20/2019 |
| 13:23.59 | Grandville Calvin Christian  | Grand Rapids/Elite Challenge .....     | 4/20/2019 |
| 13:26.24 | Dearborn Divine Child  | Saline/Golden Triangle .....           | 5/ 3/2019 |
| 13:28.08 | Otsego   | Caledonia/Soderman Relays.....         | 4/20/2019 |

13:29.22 Dearborn Divine Child  
13:32.88 Northville  
13:34.53 Grand Haven

**MIXED 4 x 400**

3:40.67 Rockford  
(57.52, 50.44)  
3:40.88 Brighton  
(60.29, 49.50)

Livonia/Patriot Relays ..... 4/13/2019  
Saline/Golden Triangle ..... 5/ 3/2019  
Holland/Ins Relays ..... 5/ 4/2019

Greensboro/New Balance Nationals ..... 6/15/2019

Greensboro/New Balance Nationals ..... 6/15/2019